

## Advocacy Services in Carmarthenshire

Option 1

### Older People and carers

**Age Cymru HOPE project**  
Support for older people (50+) and carers  
**029 2043 1555**  
[advocacy@agecymru.org.uk](mailto:advocacy@agecymru.org.uk)

### Dementia

**Age Cymru Dementia Advocacy**  
Support for anyone with dementia, whether they have capacity or can communicate or not.  
**029 2043 1555**  
[dementiaadvocacy@agecymru.org.uk](mailto:dementiaadvocacy@agecymru.org.uk)

### Mental Health

**Advocacy West Wales – Eiriolaeth Gorllewin Cymru**  
Support for anyone who is experiencing mental health issues. Also help for carers of people with mental health issues  
**01267 231122**

### Learning Difficulties

**Carmarthenshire People First**  
Supporting individuals to represent and speak up for themselves.  
**01267 234635**

### Children, Young People Parental Advocacy

**TGP Cymru**  
Independent professional advocacy for children/young people who are on the CP register, LAC, CIN or Care Leavers  
**0808 1682599**  
[midandwestwales@trosgynnalplant.org.uk](mailto:midandwestwales@trosgynnalplant.org.uk)  
Independent professional advocacy for parents who have child/children under 18 years in the child protection arena.  
[parentadvocacy@tgpymru.org.uk](mailto:parentadvocacy@tgpymru.org.uk)

In addition to the services above, the MCA, MHA and SSWB Acts set out statutory rights to advocacy. If they apply, you may also choose from the services below.

Option 2

### IMHA

**Are they sectioned under the mental health act, under guardianship or subject to a community treatment order or in hospital informally receiving treatment for their mental health?**

If so, they have a legal right to an **IMHA (Independent Mental Health Advocate)**

**AWW-EGC Advocacy West Wales – Eiriolaeth Gorllewin Cymru**  
**01437 762935**  
[imha@advocacywestwales.org.uk](mailto:imha@advocacywestwales.org.uk)

### IMCA

**Do they lack capacity and have no appropriate family / friends to consult?**

If not, are they facing serious medical treatment, a safeguarding concern or DoLS? Or does their RPR need support in their role?

If so, they have a legal right to an **IMCA (Independent Mental Capacity Advocate)**

**ASC Advocacy Support Cymru**  
**02920 540444**  
[info@ascymru.org.uk](mailto:info@ascymru.org.uk)

### IPA

**Do they have social care needs?**

If so, do they want support with care and support planning, assessment, review, or safeguarding ?

If so they have a statutory right to an **IPA. (Independent Professional Advocate)**

**3 CIPA**  
**0800 2061387**  
[info@cipawales.org.uk](mailto:info@cipawales.org.uk)

### RPR

**Are they subject to a DoLS?**

If they do not have someone to represent them, they have a statutory right to an **RPR** Relevant Person's Representative.

**MHM Mental Health Matters Wales**

**01656 649557**  
[imca@mhmwales.org](mailto:imca@mhmwales.org)

### West Wales Llais

Support for people who have a concern about any NHS or Social Care treatment they have received whether in the community or a hospital setting.  
**01646 697610** [westwalesenquiries@llaiscymru.org](mailto:westwalesenquiries@llaiscymru.org)