

## Advocacy Services in Powys

Option 1

Older people and carers	Mental Health	Learning Disabilities	Carers	Children, Young People Parental Advocacy	Others
<p><b>Age Cymru HOPE project</b> Support for older people (50+) and carers <b>029 2043 1555</b> <a href="mailto:advocacy@agecymru.org.uk">advocacy@agecymru.org.uk</a></p>	<p><b>Powys Mental Health Advocacy Service</b> Available to anyone over 18 who is in receipt of Mental Health Services. <b>North: 07736 120924</b> <a href="mailto:Lynda.evans3@wales.nhs.uk">Lynda.evans3@wales.nhs.uk</a> <b>South: 07967808145</b> <a href="mailto:Kirstie.morgan@wales.nhs.uk">Kirstie.morgan@wales.nhs.uk</a></p>	<p><b>Brecon Citizen Advocacy</b> Support for adults with a learning disability, South/Mid Powys and self-advocacy based projects including Powys People First, Healthy Lives, Theatr Wildcats and Choir Cats <b>01874 622240</b> <a href="mailto:bca@keme.co.uk">bca@keme.co.uk</a> <a href="mailto:powyspeoplefirst@hotmail.co.uk">powyspeoplefirst@hotmail.co.uk</a></p>	<p><b>Credu</b> Support for young and adult carers <b>01597 823800</b> <a href="mailto:carers@credu.cymru">carers@credu.cymru</a></p>	<p><b>TGP Cymru</b> Independent professional advocacy for children/young people who are on the CP register, LAC, CIN or Care Leavers <b>0808 1682599</b> <a href="mailto:midandwestwales@trosgynnalplant.org.uk">midandwestwales@trosgynnalplant.org.uk</a>  Independent professional advocacy for parents who have child/children under 18 years in the child protection arena. <a href="mailto:parentadvocacy@tgpcymru.org.uk">parentadvocacy@tgpcymru.org.uk</a></p>	<p><b>Accessibility Powys</b> <b>07498 833883</b> <a href="https://www.facebook.com/AccessibilityPowys">www.facebook.com/AccessibilityPowys</a>  <b>Adferiad Recovery</b> <a href="http://www.adferiad.org.uk">www.adferiad.org.uk</a></p>

In addition to the services above, the MCA, MHA and SSWB Acts set out statutory rights to advocacy. If they apply, you may also choose from the services below.

Option 2

IMHA	IMCA	IPA	RPR
<p><b>Are they detained under the mental health act, under guardianship or subject to a community treatment order or in hospital informally receiving assessment or treatment for their mental health?</b></p> <p>If so, they have a legal right to an <b>IMHA (Independent Mental Health Advocate)</b></p> <p><b>CADMHAS - Conwy Denbighshire Mental Health Advocacy Service</b> <b>01745 813999</b> <a href="mailto:admin@cadmhas.co.uk">admin@cadmhas.co.uk</a></p>	<p><b>Do they lack capacity and have no appropriate family / friends to consult?</b></p> <p>If not, are they facing serious medical treatment, a safeguarding concern or DoLS? Or does their RPR need support in their role?</p> <p>If so, they have a legal right to an <b>IMCA (Independent Mental Capacity Advocate)</b></p> <p><b>Powys Mental Health Advocacy Service</b> <b>North: 07736 120924</b> <a href="mailto:Lynda.evans3@wales.nhs.uk">Lynda.evans3@wales.nhs.uk</a> <b>South: 07967808145</b> <a href="mailto:Kirstie.morgan@wales.nhs.uk">Kirstie.morgan@wales.nhs.uk</a></p>	<p><b>Do they have social care needs?</b></p> <p>If so, do they want support with care and support planning, assessment, review, or safeguarding ?</p> <p>If so they have a statutory right to an <b>IPA. (Independent Professional Advocate)</b></p> <p><b>Dewis CIL</b> <b>01597 821333</b> <a href="mailto:advocacy@dewiscil.org.uk">advocacy@dewiscil.org.uk</a></p>	<p><b>Are they subject to a DoLS?</b></p> <p>If they do not have someone to represent them, they have a statutory right to an <b>RPR</b> Relevant Person's Representative.</p> <p><b>Powys Mental Health Advocacy Service</b> <b>North: 07736 120924</b> <a href="mailto:Lynda.evans3@wales.nhs.uk">Lynda.evans3@wales.nhs.uk</a> <b>South: 07967808145</b> <a href="mailto:Kirstie.morgan@wales.nhs.uk">Kirstie.morgan@wales.nhs.uk</a></p>

**Powys Llais**  
Support for people who have a concern about any NHS or Social Care treatment they have received whether in the community or a hospital setting.  
**01874 610646** [powysenquiries@llaiscymru.org](mailto:powysenquiries@llaiscymru.org)