

## Advocacy Services in Swansea

Option 1

### Older People and carers

#### Age Cymru HOPE project

Support for older people (50+) and carers

**029 2043 1555**  
**advocacy@agecymru.org.uk**

### Dementia

#### Age Cymru

Support for anyone with dementia, whether they have capacity or can communicate or not.

**029 2043 1555**  
**dementiaadvocacy@agecymru.org.uk**

#### Advocacy Support Cymru

Supporting inpatients with dementia in the home discharge planning process

**02920 540444**  
**info@ascymru.org.uk**

### Mental Health

#### Advocacy Support Cymru

Supporting for individuals in receipt of Secondary Mental Health Services

**02920 540444**  
**info@ascymru.org.uk**

### Self Advocacy

#### Your Voice Advocacy

Supporting individuals to represent and speak up for themselves.

**07496 189771**  
**info@yourvoiceadvocacy.org.uk**

### Learning Disability and/or Autism

#### Advocacy Support Cymru

Support for individuals with a learning disability and/or Autism

**02920 540444**  
**info@ascymru.org.uk**

### Children, Young People Parental Advocacy

#### NYAS

Independent professional advocacy for any child or young person under 25.

**0808 808 1001**  
**help@nyas.net**

Independent professional advocacy for parents who have child/children under 18 years in the child protection arena.

**0808 808 1001**

In addition to the services above, the MCA, MHA and SSWB Acts set out statutory rights to advocacy. If they apply, you may also choose from the services below.

Option 2

### IMHA

Are they sectioned under the mental health act, under guardianship or subject to a community treatment order or in hospital informally receiving treatment for their mental health?

If so, they have a legal right to an **IMHA (Independent Mental Health Advocate)**

ASC Advocacy Support Cymru  
**02920 540444**  
**info@ascymru.org.uk**

### IMCA

Do they lack capacity and have no appropriate family / friends to consult?

If not, are they facing serious medical treatment, a safeguarding concern, long term move of accommodation, care review or DoLS? Or does their RPR need support in their role?

If so, they have a legal right to an **IMCA (Independent Mental Capacity Advocate)**

ASC Advocacy Support Cymru  
**02920 540444**  
**info@ascymru.org.uk**

### IPA

Do they have social care needs?

If so, do they want support with care and support planning, assessment, review, or safeguarding ?

If so they have a statutory right to an **IPA. (Independent Professional Advocate)**

MHM Mental Health Matters Wales  
**0300 1024970**

### RPR

Are they subject to a DoLS?

If they do not have someone to represent them, they have a statutory right to an **RPR** Relevant Person's Representative.

ASC Advocacy Support Cymru  
**02920 540444**  
**info@ascymru.org.uk**

### Neath Port Talbot and Swansea Llais

Support for people who have a concern about any NHS or Social Care treatment they have received whether in the community or a hospital setting.

**01639 683490** [nptandswanseasenquiries@llaiscymru.org](mailto:nptandswanseasenquiries@llaiscymru.org)